Personal Accounts from Park Church

Windy Bellamy

It was only in 2017 when I arrived at the hospital with my heart beating at 200 beats per minute that I learned of SVT.

SVT, Supraventricular Tachycardia (Rapid Heart Beat) is a heart disease that I never expected.

For years I had been self-diagnosing the SVT episodes as anxiety attacks.

I chose medication to treat the rapid heart beat and it did the job until the summer of 2019.

By then, not only was I dealing with SVT episodes, but the SVT was triggering Atrial Fibrillation (Afib).

After visiting my cardiologist, I knew I would have to consider something other than the medication.

The decision to have the SVT Ablation procedure was made. The ablation was definitely my "healing". Since the surgery I have had no SVT episodes and I no longer take any medication.

My final thought and purpose for sharing this experience is to encourage others who may be experiencing shortness of breath and a rapid heartbeat to consult your doctor.

God is still healing.

To God be the Glory. Amen.