

# The Psychological Secrets to Keep Working:

## Building Blocks for Maintaining FUN and PROFITABILITY

VISION ↑	SKILLS ↑	NEED ↑	RESOURCES ↑	CONSISTENT PLAN ↑	<b>HAVING FUN!!! MAKING \$\$\$</b>	<u>LIFE ISSUES:</u> 1. Fall in Love with Your Future: Self Nurturing (self criticism)
	SKILLS ↑	NEED ↑	RESOURCES ↑	CONSISTENT PLAN ↑	<u>CONFUSION</u>	2. Change (grief & loss)
		NEED ↑	RESOURCES ↑	CONSISTENT PLAN ↑	<u>ANXIETY</u>	3. Stress
VISION ↑						4. Getting Your Family on Your Team (problem with husband, kids)
VISION ↑	SKILLS ↑		RESOURCES ↑	CONSISTENT PLAN ↑	<b>SUCCESS... EVENTUALLY</b>	5. 5 Reasons We Don't Reach Our Goals
	SKILLS ↑	NEED ↑			<u>FRUSTRATION</u>	6. Breakthroughs: Overcoming Obstacles
VISION ↑		NEED ↑	RESOURCES ↑	CONSISTENT PLAN ↑	<u>FALSE STARTS</u>	7. Breakthroughs II: How to Handle Emotional Events
	SKILLS ↑					8. Conflict Challenges
VISION ↑		NEED ↑	RESOURCES ↑			9. Are You Too Responsible and Concerned? (co-dependency)
						10. Energy: How to Get It and Keep It.
DESERVE THE DREAM ↑ PASSION & PURPOSE ↑ THINK ABUNDANTLY	ATTITUDE ↑ RELATIONSHIPS ↑ EMPOWERMENT ↑ FEEDBACK	MOTIVATION ↑ MONEY SCRIPT ↑ FAMILY ↑ FEARS	COMMUNICATION ↑ NETWORKING ↑ ENERGY	ORGANIZATION ↑ TIME MANAGEMENT ↑ STRESS	<b>AUDIO OF THE MONTH ANSWERS</b>	11. Feedback: How To Help Yourself Grow
						12. Think Abundantly
						13. Overcoming Fears